

## Qualified Nurses and Support Workers Who Love Their Work

Enliven's support workers and nursing staff are chosen for their qualifications and dedication to residents' quality of life. All support workers' professional skills are fine-tuned through internal and external training programmes. An ongoing staff development plan, including commitment to the National Certificate in Support of the Older Person, helps ensure our people stay up to date with new developments in supporting older people.



## Getting in Touch

Accessing any of our services is easy and worry-free. You can be referred from a Needs Assessment Agency or your Doctor. Or you can call us directly. We would love to hear from you.

An ACC referral may mean you are eligible to receive personal care, nursing care or household management assistance within your home.

Enliven will fit around your requirements – all you need to do is ask.

**Aotea Home**  
Enliven Positive Ageing Services

### For more information contact:

The Manager  
16 Helston Rd  
Johnsonville  
WELLINGTON  
Ph (04) 478 9051  
Fax (04) 477 3051  
Email [aotea@psc.org.nz](mailto:aotea@psc.org.nz)



**Presbyterian  
Support Central**

## Aotea Home Johnsonville





## Welcome to Aotea Home

Maybe the time has come to consider making changes to the way you live your life. Or perhaps you are supporting a family member as they think about changes ahead?

At Aotea Home we understand what an important time this is. So it is our job to make things as easy as possible for everyone concerned.

Aotea Home is situated in Johnsonville, Wellington and has been a community icon for 20 years. Aotea provides **Enliven** residential services including a Day Activity Programme, Respite Care, Convalescent Care and a Hospital.

### Day Activity Programme

Aotea Home offers a Day Activity Programme on week days from 10.00am to 3.30pm for older people or those with a disability. Transport can often be arranged. Day Activity Programmes may also be accessed as a part of your support plan.

### Respite

Need a break? If you are caring for an older person, from time to time you need time out to refresh. Aotea Home provides a place for the person you care for while you get the rest you need. It is a flexible service to suit you.

Respite Care may be funded by your local District Health Board as part of an ongoing package of care. Alternatively, this can be arranged directly with us and privately funded.



### Convalescence

When convalescing after surgery or illness it is important to know support systems are in place. **Enliven's** Convalescent Care can arrange to have registered nurses and trained support workers on hand. We can also provide hot meals and assistance in personal care – even pampering – as required. This can be for a couple of days or even a few weeks. The service is offered in your own home or at Aotea Home.

### Hospital

If you have complex needs and require an increased level of assistance, our Hospital services deliver a higher level of support in a warm caring environment.

Our highly trained staff are able to enhance the health and well-being of our residents by caring for most complex medical conditions. Aotea Home works with local General Practitioners to ensure your medical needs are met. You may choose to retain a relationship with your own General Practitioner if this is practical.

