

## Brightwater Home Palmerston North



**Enliven** provides a safe caring environment where people with dementia can spend time with others and enjoy meaningful activities together. Please do not hesitate to discuss any options with us.

### Getting in Touch

Accessing any of our services is easy and worry-free. You can be referred from a Needs Assessment Agency or your Doctor. Or you can call us directly. We would love to hear from you.

An ACC referral may mean you are eligible to receive personal care, nursing care or household management assistance within your home.

**Enliven** will fit around your requirements – all you need to do is ask.

**Brightwater Home**  
**Enliven Positive Ageing Services**

#### For more information contact:

The Manager

68 Brightwater Terrace

PALMERSTON NORTH

Ph 06 356 4190

Fax 06 357 8350

Email [brightwater@psc.org.nz](mailto:brightwater@psc.org.nz)

Community Support

Ph 06 356 9245



**Presbyterian**  
**Support Central**

### Hospital

If you have complex needs and require an increased level of assistance, our Hospital services deliver a higher level of support in a warm caring environment.

Our highly trained staff are able to enhance the health and well-being of our residents by caring for most complex medical conditions. Brightwater Home works with local General Practitioners to ensure your medical needs are met. You may choose to retain a relationship with your own General Practitioner if this is practical.

### Dementia Care

The experience of dementia can trigger stress, grief, guilt, frustration and even depression for both the person experiencing dementia and their family. **Enliven** looks beyond the diagnosis and treats people as individuals valuing the person's life stories and recognising their life experiences. We have the resources and networks to ensure that the quality of life of all concerned is optimised.

Our care for people with dementia includes safe, peaceful environments that foster companionship with other residents. We maintain a varied and meaningful recreation programme that includes regular outings and close contact with other community groups including the local Alzheimers Association.

### Dementia Respite and Day Activity Programmes

If you are caring for a person with dementia at home it is important that you have access to support that enables you to have time out. Your health and well-being are just as important as that of the person with dementia.



## Welcome to Brightwater Home

Maybe the time has come to consider making changes to the way you live your life. Or perhaps you are supporting a family member as they think about changes ahead?

At Brightwater Home we understand what an important time this is. So it is our job to make things as easy as possible for everyone concerned.

Brightwater Home is set in attractive grounds with large courtyards and established trees and gardens. Brightwater provides **Enliven** residential services including Licence to Occupy Villas, Community Café, Respite Care, Convalescent Care, Rest Home, Dementia Care and a Hospital.

### ❖ Licence to Occupy Villas

You are invited to purchase the right to occupy a self-contained one or two bedroom Villa for your retirement. Villas are available for those who wish to have their own home, but want the security of knowing that help is on hand if you need it. Licensees are welcome to participate in the Rest Home recreational programme at any time.

The one and two bedroom villas have separate kitchens, laundries, bathrooms, lounge/dining areas and their own garage. All Villas enjoy lawn and gardens surrounding the buildings.

**Enliven** clients are given preferential entry into our other services. If at some stage you require additional support, you would have first option for Community Support or a room at Brightwater Home.

### ❖ Day Activity Programme

Brightwater Home offers a Day Activity Programme on week days from 10.00am to 3.30pm for older people or those with a disability. Transport can often be arranged. Day Activity Programmes may also be accessed as a part of your support plan.



### ❖ Community Café

Brightwater Home welcomes older people to a Community Café for morning tea or a nutritious and affordable lunch. The Community Café is a great place to meet like-minded people in a warm and friendly environment. Why not join us? You will be very welcome.

### ❖ Respite

Need a break? If you are caring for an older person, from time to time you need time out to refresh. Brightwater Home provides a place for the person you care for while you get the rest you need. It is a flexible service to suit you.

Respite Care may be funded by your local District Health Board as part of an ongoing package of care. Alternatively, this can be arranged directly with us and privately funded.

### ❖ Convalescence

When convalescing after surgery or illness it is important to know support systems are in place. **Enliven's** Convalescent Care can arrange to have registered nurses and trained support workers on hand. We can also provide hot meals and assistance in personal care – even pampering – as required. This can be for a couple of days or even a few weeks. The service is offered in your own home or at Brightwater Home.

### ❖ Rest Home

Moving into residential care can be a positive decision for everyone concerned. Brightwater Home supports older people who cannot manage at home. Enabling you to maintain your independence and privacy in home-like surroundings is our goal. Our services are designed to take account of your practical day-to-day needs alongside your emotional well-being. We also ensure you remain connected with your family and the wider community.