

Kowhainui Home Wanganui



Convalescence

When convalescing after surgery or illness it is important to know support systems are in place. **Enliven's** Convalescent Care can arrange to have registered nurses and trained support workers on hand. We can also provide hot meals and assistance in personal care – even pampering – as required. This can be for a couple of days or even a few weeks. The service is offered in your own home or at Kowhainui Home.

Rest Home

Moving into residential care can be a positive decision for everyone concerned. Kowhainui Home supports older people who cannot manage at home. Enabling you to maintain your independence and privacy in home-like surroundings is our goal. Our services are designed to take account of your practical day-to-day needs alongside your emotional well-being. We also ensure you remain connected with your family and the wider community.

Hospital

If you have complex needs and require an increased level of assistance, our Hospital services deliver a higher level of support in a warm caring environment.

Our highly trained staff are able to enhance the health and well-being of our residents by caring for most complex medical conditions. Kowhainui Home works with local General Practitioners to ensure your medical needs are met. You may choose to retain a relationship with your own General Practitioner if this is practical.

Getting in Touch

Accessing any of our services is easy and worry-free. You can be referred from a Needs Assessment Agency or your Doctor. Or you can call us directly. We would love to hear from you.

An ACC referral may mean you are eligible to receive personal care, nursing care or household management assistance within your home.

Enliven will fit around your requirements – all you need to do is ask.

Kowhainui Home
Enliven Positive Ageing Services

For more information contact:
The Manager
88 Virginia Road
WANGANUI
Ph 06 345 0500
Fax 06 345 7591
Email kowhainui@psc.org.nz



**Presbyterian
Support Central**

ADPLUS31762



Welcome to Kowhainui Home

Maybe the time has come to consider making changes to the way you live your life. Or perhaps you are supporting a family member as they think about changes ahead?

At Kowhainui Home we understand what an important time this is. So it is our job to make things as easy as possible for everyone concerned.

Kowhainui Home has been a community icon for more than 40 years. Set in a semi-rural environment with well landscaped grounds and numerous garden courtyards, Kowhainui Home is located near Virginia Lake Reserve.

Kowhainui provides **Enliven** residential services including Licence to Occupy Villas, Rental Units, Day Activity Programme, Respite Care, Convalescent Care, Rest Home and a Hospital.

❖ Licence to Occupy Villas

Kowhainui Villas are situated in a residential haven set in peaceful garden surrounds in Wanganui. You are invited to purchase the right to occupy a self-contained two bedroom Villa for your retirement. Villas are available for those who wish to have their own home, but want the security of knowing help is on hand if you need it. Licensees are welcome to participate in the Rest Home recreational programme at any time.

The two bedroom Villas have separate kitchens, laundries, bathrooms, lounge/dining areas and their own garage. All Villas enjoy lawn and gardens surrounding the buildings.

❖ Rental Units

Looking for affordable rental accommodation in your retirement? Kowhainui Rental Flats offer accommodation plus a range of services you can mix and match to suit your needs. Additional services may include meals, a linen service and convalescent care. Tenants are welcome to participate in the Rest Home recreational programme at anytime.

❖ Putting you First

Enliven clients are given preferential entry into our other services. If at some stage you require additional support, you would have first option for Community Support or a room at Kowhainui Home.

❖ Day Activity Programme

Kowhainui Home offers a Day Activity Programme on week days from 10.00am to 3.30pm for older people or those with a disability. Transport can often be arranged. Day Activity Programmes may also be accessed as a part of your support plan.

❖ Respite

Need a break? If you are caring for an older person, from time to time you need time out to refresh. Kowhainui Home provides a place for the person you care for while you get the rest you need. It is a flexible service to suit you.

Respite Care may be funded by your local District Health Board as part of an ongoing package of care. Alternatively, this can be arranged directly with us and privately funded.

