

Dementia Care

The experience of dementia can trigger stress, grief, guilt, frustration and even depression for both the person experiencing dementia and their family. **Enliven** looks beyond the diagnosis and treats people as individuals, valuing the person's life stories and recognising their life experiences. We have the resources and networks to ensure that the quality of life of all concerned is optimised.

Our care for people with dementia includes safe, peaceful environments that foster companionship with other residents. We maintain a varied and meaningful recreation programme that includes regular outings and close contact with other community groups including the local Alzheimers Association.

Dementia Respite and Day Activity Programme

If you are caring for a person with dementia at home it is important that you have access to support that enables you to have time out. Your health and well-being are just as important as that of the person with dementia.

Enliven provides a safe caring environment where people with dementia can spend time with others and enjoy meaningful activities together. Please do not hesitate to discuss any options with us.



Getting in Touch

Accessing any of our services is easy and worry-free. You can be referred from a Needs Assessment Agency or your Doctor. Or you can call us directly. We would love to hear from you.

An ACC referral may mean you are eligible to receive personal care, nursing care or household management assistance within your home.

Enliven will fit around your requirements – all you need to do is ask.

Woburn Home
Enliven Positive Ageing Services

For more information contact:
The Manager
57 Wai-iti Crescent
LOWER HUTT
Ph 04 569 6400
Fax 04 569 6451
Email woburn@psc.org.nz



Presbyterian
Support Central

Woburn Home

Lower Hutt



enliven
Positive Ageing Services
PRESBYTERIAN SUPPORT CENTRAL



Welcome to Woburn Home

Maybe the time has come to consider making changes to the way you live your life. Or perhaps you are supporting a family member as they think about changes ahead?

At Woburn Home we understand what an important time this is. So it is our job to make things as easy as possible for everyone concerned.

Woburn Home is situated in attractive spacious grounds only minutes from Westfield Shopping Centre.

Woburn provides **Enliven** residential services including Rental Units, a Day Activity Programme, Community Café, Respite Care, Convalescence Care, Rest Home, Hospital and Dementia Care services.

❖ Rental Units

Looking for affordable rental accommodation in your retirement? Woburn Rental Flats offer accommodation plus a range of services you can mix and match to suit your needs. Additional services may include meals, a linen service and convalescence care. Tenants are welcome to participate in the Rest Home recreational programme at anytime.

Enliven clients are given preferential entry into our other services. If at some stage you require additional support, you would have first option for a room at Woburn Home.

❖ Day Activity Programme

Woburn Home offers a Day Activity Programme on week days from 10.00am to 3.30pm for older people or those with a disability. Transport can often be arranged. Day Activity Programmes may also be accessed as a part of your support plan.

❖ Community Café

Woburn Home welcomes older people to a Community Café for morning tea or a nutritious and affordable lunch. The Community Café is a great place to meet like-minded people in a warm and friendly environment. Why not join us, you will be very welcome.

❖ Respite

Need a break? If you are caring for an older person, from time to time you need time out to refresh. Woburn Home provides a place for the person you care for while you get the rest you need. It is a flexible service to suit you.

Respite Care may be funded by your local District Health Board as part of an ongoing package of care. Alternatively, this can be arranged directly with us and privately funded.

❖ Convalescence

When convalescing after surgery or illness it is important to know support systems are in place. **Enliven's** Convalescent Care can arrange to have registered nurses and trained support workers on hand. We can also provide hot meals and assistance in personal care – even pampering – as required. This can be for a couple of days or even a few weeks. The service is offered in your own home or at Woburn Home.

❖ Rest Home

Moving into residential care can be a positive decision for everyone concerned. Woburn Home supports older people who cannot manage at home. Enabling you to maintain your independence and privacy in home-like surroundings is our goal. Our services are designed to take account of your practical day-to-day needs alongside your emotional well-being. We also ensure you remain connected with your family and the wider community.

❖ Hospital

If you have complex needs and require an increased level of assistance, our Hospital services deliver a higher level of support in a warm caring environment.

Our highly trained staff are able to enhance the health and well-being of our residents by caring for most complex medical conditions. Woburn Home works with local General Practitioners to ensure your medical needs are met. You may choose to retain a relationship with your own General Practitioner, if this is practical.